

# The Navigator

February 2023



St. Brendan's Episcopal Church  
Juneau, Alaska

## **WHAT'S INSIDE**

**Message from Mother Caroline – p. 3 - 4**

**Dates to Remember – p. 5**

**Prayer for Lent – p. 5**

**Souper Bowl 2023 – p. 6**

**Food Drive News – p. 6**

**Outreach Report – p. 7**

**Brain Health – p. 8**

**Annual Parish Meeting Notes – p. 9**

**Notes from the Office – p. 10**

**Serving Schedule – p. 11**

**Calendar – p. 12**

**Church Info – p. 13**

Dear Friends in Christ:

At the Annual Meeting, I announced that I will be retiring from St. Brendan's by the end of June.

We have had a good life together, accomplishing a number of things (not in any particular order):

- building the Boesser Hall addition;
- introducing Godly Play;
- continuing the Galley for as long as we could, and then supporting the community Food Cupboard;
- holding summer music camps;
- introducing Celtic Evening Prayer services;
- introducing online services;
- holding Quiet Days;
- beginning and continuing our Holiday Bazaars; and
- recently, paving our driveway and installing our beautiful new front doors.

I have omitted many, many other activities, projects and ministries as it would not be possible to include them all. I am grateful to all of you for your commitment to the ministries of Jesus Christ that you carry out at St. Brendan's, and I know the future will be as bright as the past.

But we still have several months together and it is not time to say good-bye yet!

**\*\*Please note: Bishop Lattime will make his annual visitation with us on Sunday, February 26 and, among other things, on that date he will also bless our new front doors, honoring those for whom memorial gifts were given to install the doors.\*\***

Please next page for upcoming Lenten services.

## LENTEN SERVICES

**Ash Wednesday: Wednesday, February 22.** We will have the Liturgy of the Day, including imposition of ashes, and Holy Eucharist at 7 p.m.

**Palm Sunday: Sunday, April 2.** We will begin with the Liturgy of the Palms in Adams Hall at 10:30 a.m. and continue our worship in the Church.

**Maundy Thursday: Thursday, April 6.** We will have the Liturgy of the Day, Holy Eucharist, and Stripping of the Altar at 7 p.m.

**Good Friday: Friday, April 7.** We will have the Liturgy of the Day, not including Holy Eucharist, at 5 p.m.

**Easter Vigil: Saturday, April 8.** We will celebrate with Holy Trinity downtown at 8 p.m. They do a wonderful Easter Vigil which is not to be missed!

### EASTER SUNDAY: SUNDAY, APRIL 9

Interfaith Sunrise Service at Skater's Cabin, at 6:30 a.m.

Festal Holy Eucharist at St. Brendan's at 10:30 a.m., with Easter Egg Hunt and potluck brunch to follow.

### LENTEN INTERFAITH SOUP SUPPER

St. Brendan's will host a soup supper shared with Shepherd of the Valley Lutheran Church and Aldersgate Methodist Church on Tuesday, **March 7**, at 5:30 p.m., followed by a short Evening Prayer service.

We need two volunteers to make soup and two volunteers to bring bread, and possibly one or two people to make cookies. (All three congregations will contribute food.) Of course, we will need to do setup and cleanup. I have contacted the Fellowship Committee for help in coordinating this. I will put a signup sheet in the Narthex.

Mother Caroline+

## **DATES TO REMEMBER**

**February** – Black History Month

**February 9** - Vestry meeting

**February 12** – Souper Bowl of Caring

**February 16** – Elizabeth Peratrovich Day

**February 22** – Ash Wednesday

**February 25** - Navigator submissions due

**February 26** – First Sunday in Lent & Bishop Lattime's visit

## **PRAYER FOR LENT**

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, One God, now and forever. Amen.

Hour By Hour, p. 115

## **SOUPER BOWL 2023**

Souper Bowl 2023 is **February 12<sup>th</sup>**! The Souper Bowl of Caring event is a national movement across the nation working to fight hunger and poverty. It's a fun way to show support for the team you would like to see win the Super Bowl, and to help support the Southeast Alaska Food Bank at the same time.

On the big day (2/12/2023), 2 soup pots will be set out on a cart in the back of the church -- labeled with the names of the teams who will play in the Super Bowl that afternoon. You are welcome to make a donation in support of the team of your choice.

The money from each soup pot will be tallied, we will announce the totals from each pot at coffee hour, and all the money raised will be donated to the Southeast Alaska Food Bank to help curb food insecurity in our community.

Carla

## **FOOD DRIVE NEWS**

We will continue collecting non-perishable food for the Southeast Alaska Food Bank on an ongoing basis in 2023.

St. Brendan's has been a member agency in partnership with the Food Bank for many years, and we are proud of the contributions we continue to make to their agency.

Food can be dropped off at St. Brendan's on any Sunday. We have "milk crates" set up in the Nursery where food is collected. (Please ask for help bringing items inside if you need assistance). You can also call me, and I can come pick up your donations.

Donations can also be made via check and put in the offering plate. Please be sure to make the notation "food pantry" or "food bank" on the memo line.

Thank you for continuing to support this Outreach!

Carla

## OUTREACH REPORT – REACHING OUT WITH LOVE

This month we celebrate St. Valentine's Day -- a holiday when we think of people closest to our hearts, our family and special friends. It's also a great time to show encouragement and support to those we know and don't know.

This month we have two long-time projects of St. Brendan's: our Souper Bowl Sunday and the Valentine Bags for the Johnson Youth Center. They both happen on Sunday, **February 12**. Check out Carla's article on the Souper Bowl. It's always fun to hear which team collected the most money.

That same Sunday, we will put together 8 Valentine Bags for our JYC girls after coffee hour. Since we have two projects, outreach will provide the noodle bowls, trail mix, popcorn, and Valentine cards. We would like our church family to furnish:

- Valentine candy,
- Hot cocoa, and
- Chocolates.

Each of our Outreach ministries will also receive a Valentine card showing our support to their employees and our thanks for their work in our community.

JYC celebrated another girl graduating from high school in January. She received a St. Brendan's Cross pendant and card from us, and they all enjoyed refreshments served at JYC.

I plan to hold an Outreach Committee meeting in February to go over projects for 2023. It will be an open meeting, and all thoughts and ideas are welcome.

Thank you for your support and prayers for our ministries. Have good month, and a Happy Valentine's Day to all.

Stay safe.

Penny

## **BRAIN HEALTH**

The Alaska Association of Retired Persons is Alaska's largest membership organization, with over 77,000 members. It is offering this series of free virtual presentations about keeping our brains active and healthy in these hectic times, using information and resources from the Global Council on Brain Health:

**Eat Right:** Friday, January 27, 10-11am

**Ongoing Exercise:** Friday, February 3, 10-11am

**Engage Your Brain:** Friday, February 10, 10-11am

**Be Social:** Friday, February 17, 10-11am

**Manage Stress:** Friday, February 24, 10-11am

**Restorative Sleep:** Friday, March 3, 10-11am

You can register at: <https://states.aarp.org/alaska/2023-brain-health>.

Barbara



~ St. Brendan's Annual Parish Meeting 2023 ~  
Sunday, January 22, 2023  
Adams Hall

*Very brief notes of Annual Parish Meeting*  
YouTube link to the meeting: <https://youtu.be/Okd63WP9wx4>

Following an abbreviated Holy Eucharist in Adams Hall, St. Brendan's Annual Parish Meeting was called to order, at 11:01 a.m. by Mtr. Caroline. There were 22 people in attendance.

Elections/Volunteers:

Vestry: Jo Schoeppe and Michael Rowcroft

Diocesan Convention: Daisy Davenport

Deanery Convocation: Barbara Learmonth and Michael Rowcroft

2022 Year End Financial Report and Presentation of 2023 Budget:

Lori Seymour reported with both reports being received unanimously.

Discussion:

Senior Warden Rob Smith, made a presentation and led the discussion of the possibility of the installation of a cell tower by Verizon on St. Brendan's property.

Barbara Learmonth made a presentation and led the discussion of establishing a "Green Committee".

Mtr. Caroline concluded the meeting by announcing that Bishop Lattime has agreed to extend her time at St. Brendan's until June 30, 2023. Also announced that Bishop Lattime will visit St. Brendan's on February 26, 2023.

Meeting adjourned at 11:44 a.m. with Mtr. Caroline leading the congregation in saying the Lord's Prayer.

Office Building Manager, Dan Hall

## Notes from the Office

The next Vestry Meeting will be February 16, 2023, 6:30 p.m. in Adams Hall  
Contact any vestry member (see page 13) if you have any questions or concerns for  
the Vestry.

### *Vestry Organization for 2023*

Appointed: Dan Hall – Sr. Warden

Elected: Jeff Fujjoka – Jr. Warden

Michael Rowcroft – Clerk

Chris Conder

Jackie Shulz

Jo Schoeppe (*elected at Annual  
Meeting*)

Lori Seymour re-elected as  
Treasurer and Ex-Officio Member

### Loose Offering

1<sup>st</sup> Sunday of the month:

Priest-in-Charge

Discretionary Fund

2<sup>nd</sup> Sunday of the month:

Glory Hall

3<sup>rd</sup> Sunday of the month:

General Fund

4<sup>th</sup> Sunday of the month:

Vestry Discretionary  
Fund

5<sup>th</sup> Sunday of the month:

Family Promise

### Forward Day by Day

For February, March, and April  
available on table in entry way

### St. Brendan's will house for

Family Promise

Feb. 26 – March 5

### **Email Dan at:**

[sbrendans1985@gmail.com](mailto:sbrendans1985@gmail.com)

**for approved minutes and  
financials from any vestry  
meeting**

Dan Hall  
Office/Building Manager  
Cell # 702 374-7475

## February 5 ~ February 26 ~ 2023 Schedule

<b>Service</b>	<b>Feb. 5</b>	<b>Feb. 12</b>	<b>Feb. 19</b>	<b>Feb. 26</b>
<b>Altar</b>	Daisy	Lori	Brita & Sherry	Dianna
<b>Godly Play</b>	Michael Tamara	Michael Tamara	Michael Tamara	Michael Tamara
<b>1<sup>st</sup> Reading</b>	Barbara	Dee	Barbara	Rob
<b>Psalm</b>	Brita	Dianna	Jo	Dee
<b>2<sup>nd</sup> Reading</b>	Jackie	Dan	Brita	Dianna
<b>Prayers</b>	Rob	Stephanie	Jackie	Dan
<b>Chalice Holders</b>	Rob Jo	Dianna Barbara	Rob Jo	Dianna Barbara
<b>Morning Prayer</b>				
<b>Coffee Hour</b>	Sam & Joyce	Carla	Penny	Carla

February  
Building Use 2023

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
			1	2	3 Pentecostal 7:30pm-11:30 pm	4
5 Vestry Goal Setting Pentecostal 2 – 5 pm	6	7	8	9	10 Pentecostal 7:30pm-11:30 pm  Girl Scouts 6-7 pm	11 Pentecostal 10 am-noon
12 Pentecostal 2 – 5 pm	13	14	15	16 Vestry 6:30-8 p.m.	17 Pentecostal 7:30pm-11:30 pm	18
19 Pentecostal 2 – 5 pm	20	21 Parkinson’s Support Group 6 p.m.	22 Ash Wednesday Holy Eucharist 7 p.m.	23	24 Pentecostal 7:30pm-11:30 pm  Girl Scouts 6-7 pm	25
26 <b>*Family Promise</b> Pentecostal 2 – 5 pm	27	28				
<b>*Family Promise Feb. 26 to March 5</b>						

**St. Brendan's Episcopal Church  
4207 Mendenhall Loop Road  
Juneau, Alaska 99801**

**Priest-in-Charge: The Rev. Caroline Malseed**  
**Cell: 907 957-1148**  
**Email: [mayflower1950@hotmail.com](mailto:mayflower1950@hotmail.com)**

**Office/Building Manager: Dan Hall**  
**Cell: 702 374-7475**

**Church Contact Information:**  
**Phone: 907 789-0893**  
**Email: [sbrendans1985@gmail.com](mailto:sbrendans1985@gmail.com)**  
**Website: <https://www.stbrendansjuneau.org>**

**Vestry ~ 2023**

*(leadership positions are until the Annual Meeting in 2024)*

**Senior Warden: Dan Hall (202-2023)**  
**Junior Warden: Jeff Fujioka (2022-2024)**  
**Vestry Clerk: Michael Rowcroft (2023-2025)**  
**Chris Conder (2021-2023)**  
**Jackie Schulz (2022-2024)**  
**Jo Schoeppe (2023-2025)**  
**Treasurer: Lori Seymour (Ex-officio)**