

# St. Brendan's Episcopal Church

Juneau, Alaska

"A Harbor for God's Love"

Holy Communion with Reserve Sacrament

Healing Prayers

The Fourth Sunday after the Epiphany

February 1, 2026 ~ 10:30 am



*The mission of the Church:*

The mission of the Church is to restore all people to  
unity with God and each other in Christ.

*Catechism, Book of Common Prayer, Pg. 855*

We welcome visitors. Take time to sign our guest book in the narthex,  
and join us for coffee hour after the service.

Please join us in worship again, and may  
God bless your week.

*Before the service, speak to the Lord;  
during the service, let the Lord speak to you;  
after the service, speak to one another.*

# Holy Communion With Reserve Sacrament

## Healing Prayers

*Led by Worship Leaders trained and licensed by the Diocese of Alaska  
Michael Rowcroft~ Officiant*

**The Fourth Sunday After the  
Epiphany**

**Sunday, February 01, 2026**

## Liturgy of the Word

*Please stand as able and join in singing the Opening Hymn.*

### Opening Hymn

***God the Omnipotent! King,  
who ordainest***

**Hymnal 569**

1 God the Om - ni - po - tent! King, who or - dain - est  
2 God the All - mer - ci - ful! earth hath for - sak - en  
3 God the All - right - eous One! earth hath de - fied thee;  
4 God the All - prov - i - dent! earth by thy chas - tening

thun - der thy clar - ion, the light - ning thy sword;  
thy ways all ho - ly, and slight - ed thy word;  
yet to e - ter - ni - ty stand - eth thy word,  
yet shall to free - dom and truth be re - stored;

show forth thy pi - ty on high where thou reign - est:  
bid not thy wrath in its ter - rors a - wak - en:  
false - hood and wrong shall not tar - ry be - side thee:  
through the thick dark - ness thy king - dom is haste - ning:

give to us peace in our time, O Lord.  
give to us peace in our time, O Lord.  
give to us peace in our time, O Lord.  
thou wilt give peace in thy time, O Lord.

*All standing as able, the Officiant says*

Blessed be God: Father, Son, and Holy Spirit.

*People*

**And blessed be God's kingdom, now and for ever.  
Amen.**

## Confession of Sin

*All kneel or stand as able.*

*The Officiant says*

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

*The Officiant says*

Let us confess our sins against God and our neighbor.

*Silence.*

*Officiant and People together say*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Officiant says*

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

*The Officiant says*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

The following is sung, all standing, as able.

# Gloria

## Glory & Praise 100

Refrain

Glo - ri - a, glo - ri - a, in ex - cel - sis De - o.

Verses

1. Lord God, heav - en - ly King, peace you bring to  
 2. Je - sus, Sav - ior of all, Lord God, Lamb of  
 3. At the Fa - ther's right hand, Lord, re - ceive our  
 4. Glo - ry, Fa - ther and Son, Glo - ry, Ho - ly

1. us; we wor - ship you, we give you thanks,  
 2. God, you take a - way our sins, O Lord,  
 3. prayer, for you a - lone are the Ho - ly One,  
 4. Spir - it, to you we raise our hands up high,

to Refrain

1. we sing our song of praise.  
 2. have mer - cy on us all.  
 3. and you a - lone are the Lord.  
 4. we glo - ri - fy your name.

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## Collect of the Day

*Officiant*            The Lord be with you.  
*People*                **And also with you.**  
*Officiant*            Let us pray.

**Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

### First Reading

*Micah 6:1-8*

**Rob Smith**

*All sit.*

A Reading from the book of the prophet Micah.

Hear what the Lord says: “Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel.” “O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.” “With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

*Reader*                The Word of the Lord.  
*People*                **Thanks be to God.**

*Remain seated.*

*Domine, quis habitabit?*

- 1 LORD, who may dwell in your tabernacle? \*  
who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, \*  
who speaks the truth from his heart.
- 3 There is no guile upon his tongue;  
he does no evil to his friend; \*  
he does not heap contempt upon his neighbor.
- 4 In his sight the wicked is rejected, \*  
but he honors those who fear the LORD.
- 5 He has sworn to do no wrong \*  
and does not take back his word.
- 6 He does not give his money in hope of gain, \*  
nor does he take a bribe against the innocent.
- 7 Whoever does these things \*  
shall never be overthrown.

**Second Reading****1 Corinthians 1:18-31****Dan Hall**

A Reading from Paul's First letter to the Church in Corinth.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards,

not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

*Reader*

The Word of the Lord.

*People*

**Thanks be to God.**

## Sequence Hymn

*All stand as able.*

***Tis the gift to be simple, tis the  
gift to be free***

**Hymnal 554**



The musical notation is written on five staves in G major (one sharp). The melody is simple and hymn-like, using eighth and quarter notes. The lyrics are written below the notes, with hyphens indicating syllables that span across notes. The first four staves contain the main body of the hymn, and the fifth staff begins the final line.

'Tis the gift to be sim - ple, 'tis the gift to be free,  
'tis the gift to come down where we ought to be,  
and when we find our - selves in the place just right,  
'twill be in the val - ley of love and de - light.  
When true sim - pli - ci - ty is gained to





## Holy Gospel

*Matthew 5:1-12*

**Michael Rowcroft**

*Congregation may remain seated during the reading of the Gospel.*

*Officiant*

A reading from the Holy Gospel of our Lord Jesus Christ  
according to Matthew.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

*Officiant*

The Word of the Lord.

*People*

**Thanks be to God.**

## Sermon

**Michael Rowcroft**

# Nicene Creed

*All stand as able and together say*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*A Litany of Healing in place of the Prayers of the People.*

## **A Litany of Healing** *(Book of Occasional Services p.219-221)* **Stephanie Hall**

*The People audibly or silently name those for whom they are interceding after the response in each bidding. The People's response is in bold print.*

*The Leader says*

Let us name before God those for who we offer our prayers.

God the Father, your will for all people is health and salvation;

***We praise you and thank you, O Lord.***

God the Son, you came that we might have life, and might have it more abundantly;

***We praise you and thank you, O Lord.***

God the Holy Spirit, you make our bodies the temple of your presence;

***We praise you and thank you, O Lord.***

Holy Trinity, one God, in you we live and move and have our being;

***We praise you and thank you, O Lord.***

Lord, grant your healing grace to all who are sick, injured or disabled, that they may be made whole;

***Hear us, O Lord of life.***

Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;

***Hear us, O Lord of life.***

Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;

***Hear us, O Lord of life.***

Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;

***Hear us, O Lord of life.***

Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;

***Hear us, O Lord of life.***

Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;

***Hear us, O Lord of life.***

You are the Lord who does wonders:

***You have declared your power among the peoples.***

With you, O Lord, is the well of life:

***And in your light we see light.***

Hear us, O Lord of life:

***Heal us, and make us whole.***

*The Officiant adds the concluding collect.*

Let us Pray

Gracious God, we give you thanks for our beloved Jesus Christ, in whom you have shared the beauty and pain of human life. Look with compassion upon all for whom we pray, and strengthen us to be your instruments, of healing in the world, by the power of the Holy Spirit. ***Amen.***

*Any are welcome to come forward for healing prayers.*



***Come and fill our hearts with your peace.***

***You alone, O Lord, are holy.***

***Come and fill our hearts with your peace, alleluia.***

# Peace

*All Stand as able.*

*Officiant*                    The peace of the Lord be always with you.  
*People*                        **And also with you.**

*The People may greet one another in the name of the Lord.*

## Holy Communion

*The Officiant says*

Ascribe to the Lord the honor due his Name; bring offerings and come into his courts.    *Psalm 96:8*

***Today's loose offering will go into the Rector's Discretionary Fund.***



# Offertory Hymn

## PRAYER OF ST. FRANCIS

Sebastian Temple

Verses 1, 2, 4



1. Make me a chan-nel of your peace.  
2. Make me a chan-nel of your peace.  
4. Make me a chan-nel of your peace.

Where there is ha-tred,  
Where there's de-spair in  
It is in par-don-



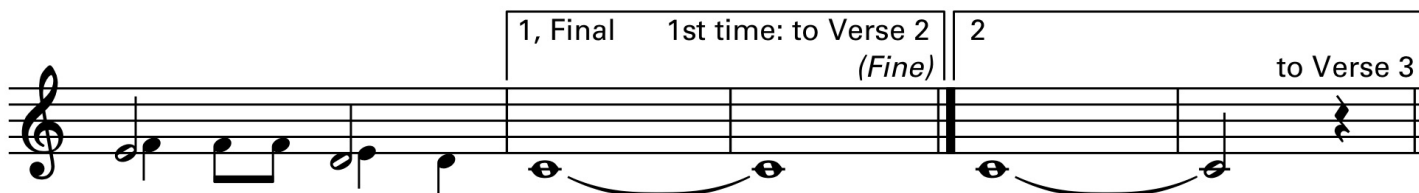
1. let me bring your love. \_\_\_\_\_  
2. life, let me bring hope. \_\_\_\_\_  
4. ing that we are par-doned, \_\_\_\_\_

Where there is in - ju -  
Where there is dark-ness \_  
In giv - ing of our -



1. ry, your par-don, Lord,  
2. \_\_\_\_\_ on - ly light,  
4. selves that we re - ceive,

And where there's doubt, true  
And where there's sad - ness  
And in dy - ing that we're



1. faith in you.  
2. ev - er  
4. born to e - ter - nal life.

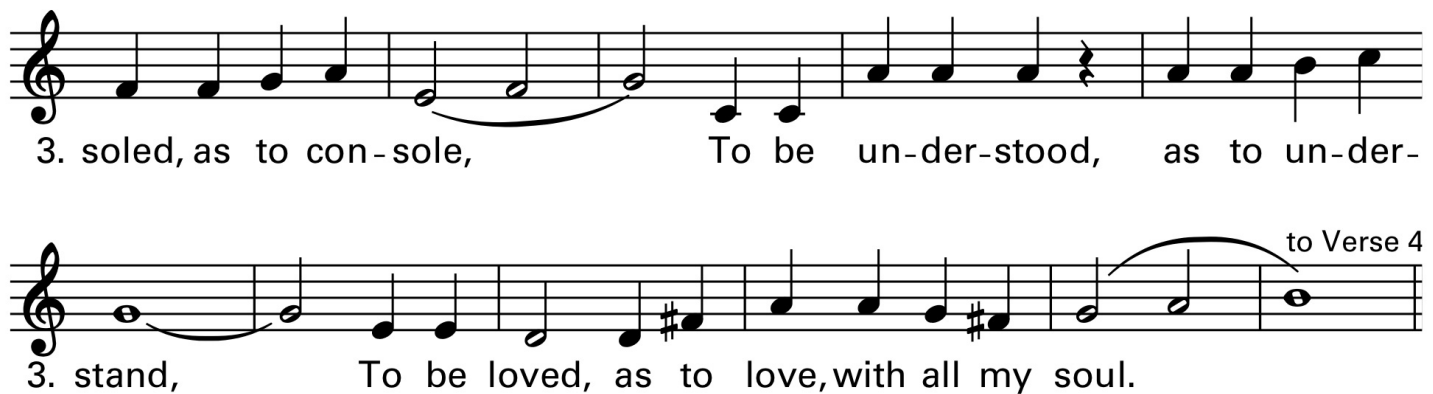
2. joy.

Verse 3



3. O Mas-ter, grant that I may nev-er seek

So much to be con -



Dedicated to Mrs. Francis Tracy. Text: Based on the prayer traditionally ascr. to St. Francis of Assisi, 1182–1226.  
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*The People stand as able and sing the Doxology as the offering is brought forward and placed on the Credence Table.*

## **Doxology (a hymn of praise)**

***Praise God from whom all blessings flow:  
Praise Him all creatures here below.  
Praise Him above ye heavenly host;  
Praise Father, Son, and Holy Ghost.***

*The service continues with the authorized Thanksgiving Prayer, all stand as able.*

## **Prayer of Preparation for Communion**

*A General Thanksgiving (BCP Pg. 836)*

*Officiant and People say*

**Accept, O Lord, our thanks and praise for all that you have done for us. We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love.**

**We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side.**

**We thank you for setting us at tasks which demand our best efforts, and for leading us to accomplishments which satisfy and delight us.**

**We thank you also for those disappointments and failures that lead us to acknowledge our dependence on you alone.**

**Above all, we thank you for your Son Jesus Christ; for the truth of his Word and the example of his life; for his steadfast obedience, by which he overcame temptation; for his dying, through which he overcame death; and for his rising to life again, in which we are raised to the life of your kingdom.**

**Grant us the gift of your Spirit, that we may know Christ and make him known; and through him, at all times and in all places, may give thanks to you in all things. Amen.**

*The Officiant continues*

And now, as our Savior  
Christ has taught us,  
we are bold to sing,

*People and Officiant*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

*The Officiant says*

Let us make our Holy Communion in the Body and Blood of Christ given to his people and received by faith.



*All are welcome at the Lord's table. We are no longer strangers or guests but one family in the Lord. Let the Chalice Bearer know if you prefer alcohol free wine. Chalice Bearers – Rob Smith & Barbara Learmonth*

## **Communion Music**

**Stephanie Hall**

*After Communion, the Officiant says*

Let us pray.

*The Officiant and People together say*

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

## **Birthdays/Anniversaries**

*Please stand as able for any birthdays or anniversaries and together say*

**Prayer for Birthdays** *(BCP 830, prayer 50)*

**O God, our times are in your hand: Look with favor, we pray, on your servant N. as *he* begins another year. Grant that *he* may grow in wisdom and grace, and strengthen *his* trust in your goodness all the days of *his* life; through Jesus Christ our Lord. Amen.**

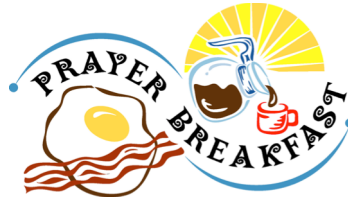
**Prayer for Anniversaries** *(BCP p. 431)*

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, N. and N. that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness. That**

*Prayer continues on next page...*

their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

**Announcements...***Please be seated during announcements.*



**Sisters and Brothers Breakfast**  
**8:00 a.m.**  
**Friday, February 6, 2026**  
**All are welcome!!!**

Forward Day by Day  
for  
February, March, & April  
Available in on table in narthex...

*Please stand as able and join in singing the Closing Hymn.*

## Closing Hymn

***Joyful, joyful, we adore thee***

**Hymnal 376**

1 Joy - ful, joy - ful, we a - dore thee, God of glo - ry, Lord of love;  
2 All thy works with joy sur-round thee, earth and heaven re - flect thy rays,  
3 Thou art giv - ing and for - giv - ing, ev - er bless - ing, ev - er blest,

hearts un - fold like flowers be - fore thee, prais - ing thee, their sun a - bove.  
 stars and an - gels sing a - round thee, cen - ter of un - bro - ken praise.  
 well - spring of the joy of liv - ing, o - cean - depth of hap - py rest!

Melt the clouds of sin and sad - ness; drive the dark of doubt a - way;  
 Field and for - est, vale and moun - tain, bloom - ing mea - dow, flash - ing sea,  
 Thou our Fa - ther, Christ our Bro - ther: all who live in love are thine;

giv - er of im - mor - tal glad - ness, fill us with the light of day.  
 chant - ing bird and flow - ing foun - tain, call us to re - joice in thee.  
 teach us how to love each o - ther, lift us to the joy di - vine.

## Dismissal

*Officiant* Alleluia, alleluia. Let us go forth in the name of Christ.  
*People* **Thanks be to God. Alleluia, alleluia.**

*The Officiant says*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.** 2 Corinthians 13:14

# A Note on Today's Readings

*The Fourth Sunday after the Epiphany—Year A*

Welcome to our worship service today. In today's Eucharist, we continue the theme of Epiphany season: the manifestation of Jesus as the Son of God. One of the ways the Lord was shown forth as God's Son was in teaching, and today's Gospel, the beginning of the Sermon on the Mount, reveals in the Beatitudes Christ's call to holiness, and his promise of the Kingdom of God.

The Old Testament reading from the prophet Micah is a call from God to holiness, as well. In its closing words, we hear the same principles of living in response to God expressed in the Beatitudes.

Certainly, Jesus' hearers, steeped as they were in the words of the prophets, saw immediately that God was speaking through him in many ways consistent with the divine Word given through the prophets. Ultimately, however, it was not in his teaching that the fullest revelation was made by the Lord, but in his crucifixion.

Paul, seeking to inspire the Corinthian church to unity, points out that God's wisdom was most fully revealed in the cross of Christ. What, in terms of the world's wisdom, appeared to be foolishness, is to us who believe, God's deepest wisdom.

As we gather in Eucharist, we are one with God's people throughout the ages. We are one with apostles and prophets and faithful people in every age who have met the Lord in Word and Sacrament: people who by God's grace have before us the blessedness of and promise of God's coming reign.

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**Gloria** Gloria, gloria, in excelsis Deo Language: English Contributors: Mike Anderson Tune: © 1983, Kevin Mayhew **Prayer of St. Francis** Type: Words and Music; First Line: Make me a channel of your peace Language: English Dedicated to Mrs. Frances Tracy. Text and music © 1967, OCP. All rights reserved. Contributors: Sebastian Temple **Reprinted & Streamed with permission under OneLicenseA-721147. All rights reserved.**